

## FIGHT COVID-19 (CORONA VIRUS)

Handwashing is your  
best protection againts  
Coronavirus.

AVOID  
TOUCHING  
YOUR FACE

Especially your eyes,  
nose, and mouth

# WASH YOUR HANDS

stop **the** spread now



1 Wet your hands



2 Apply soap



3 Palm to palm



4 Palm to palm fingers interlaced



5 Back of the hand



6 Base of thumbs



7 Wash fingernails



8 Rinse hands



9 Dry hands

**ICS**  
CLEANING

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